Bean Salad

1-2 Tbs. extra-virgin olive oil
4-5 cloves garlic, minced
2 cups (9 ounces) shelled edamame beans (frozen work well here)
1 (15-ounce) can cannellini beans, drained and rinsed
1 tsp. paprika (optional)
1/4 cup chopped fresh flat-leaf parsley (optional)
Salt, ground black pepper to taste
Freshly grated parmesan cheese



- In a small nonstick skillet heat the oil over medium-low heat. Add the garlic and cook until fragrant, but not brown, about 30 seconds. Remove the pan from the heat
- Combine the beans with all the spices in a serving bowl. Add the garlic mixture and toss well until all the ingredients are coated.